

# SUMMER EATS

FREE MEALS FOR KIDS & TEENS

## FREE GRAB & GO MEALS AVAILABLE ALL SUMMER

### FOR ALL KIDS AND TEENS!

- Free Grab & Go meals will continue to be served throughout the summer for all kids and teens 18 and under.
- Children do not have to be present to pick up meals.
- No registration or identification is required.
- Many sites provide multiple days of meals at once—visit [meals4kids.org](https://meals4kids.org) for details about sites near you.

Find a meal site near you:

**MEALS4KIDS.ORG/MEALS**  
**1-800-645-8333**



PROJECT BREAD



MASSACHUSETTS DEPARTMENT OF  
ELEMENTARY AND SECONDARY  
EDUCATION

