SNAP Food Assistance: Immigrants & Public Charge

As of October 15, 2019, the Trump Administration will change a part of immigration law called “Public Charge.” This resource explains what “Public Charge” is with a focus on SNAP only. SNAP is a federal nutrition benefit that helps low income families put food on the table. SNAP eligibility is limited to low income U.S. citizens and certain “qualified” immigrants.

This resource is NOT a replacement for legal advice from a trained immigration attorney. If you are applying to bring a family member to the U.S. from another country or seeking to adjust your status in the U.S., you should consult with an immigration attorney.

What is Public Charge?

The “Public Charge” test is used by immigration officials to decide if a person can enter the U.S. or get a Green Card (Lawful Permanent Residency). Officials look at all of a person’s circumstances, including: income, employment, health, education or skills, family situation and if a sponsor signed an “affidavit of support.” Officials will only look at whether a person used certain federal benefit programs, like SNAP, after October 15, 2019. This does not apply to WIC, school meals, or help from food pantries.

Public Charge does not apply to Green Card holders applying for U.S. citizenship or renewing their Green Card.

Where do I find more information or get help?

SNAP can help your family stay strong, productive, and stable. Before making any decisions about stopping your family’s benefits, it is important to know the facts. For additional resources, visit: Protectingimmigrantfamilies.org/know-your-rights or Masslegalservices.org/publiccharge.

⇒ You may be able to get help from an immigration attorney. For a list of resources, visit: MIRAcoalition.org/legal-services or Masslegalservices.org/publiccharge. We recommend calling first to confirm the organization can talk to you about your questions.
⇒ For help applying for SNAP or to find food resources in your community: Call Project Bread’s FoodSource Hotline: 1-800-645-8333
⇒ Contact MLRI if you are a Massachusetts organization with questions about SNAP rules for immigrants: Pat Baker at pbaker@mlri.org (617 357 0700 x328), or Vicky Negus at vnegus@mlri.org (x315)

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1 A number of lawsuits have been filed across the country which may delay the 10/15/19 implementation date for these changes. Check resources linked above for the most up to date information.

2 “Qualified” immigrants include Lawful Permanent Residents (non-disabled adults must be in status for 5 years), refugees, asylees, and certain battered immigrants. For a full list of “qualified” immigrants see MLRI’S SNAP Advocacy Guide. SNAP is NOT available to immigrants who are undocumented, have TPS, DACA, U visas, or have pending applications for legal status or are non-immigrants (e.g. students/visitors).

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What to know about Public Charge and SNAP if you HAVE a Green Card:

- Are you applying for Citizenship (naturalizing)?
  - There is NO Public Charge test for you.
  - Keep SNAP

- Are you renewing your Green Card?
  - There is NO Public Charge test for you.
  - Keep SNAP

- Are you leaving the U.S. for 6 months or more?
  - Public Charge may come up if you try to come back to the U.S.
  - Talk to an immigration attorney before you leave the U.S.

Note: To qualify for SNAP, Green Card holders typically need to have Lawful Permanent Residency status for 5 years unless they are a child under 18, have a severe disability, have work history, or had earlier humanitarian status such as refugee or asylee. See * footnote for more information.

What to know about Public Charge and SNAP if you Do NOT Have a Green Card:

- Do you get SNAP for your U.S. Citizen kids or other people you live with?^
  - Their SNAP has NO impact on any future Public Charge test for you.
  - Keep SNAP for kids/family.

- Are you a refugee, asylee, survivor of trafficking (T Visa), or battered immigrant (VAWA self petitioner)?
  - There is NO public charge test for you.
  - Keep SNAP.

- Do you have DACA, TPS, a U visa, or Special Immigrant Juvenile?
  - There is NO public charge test in this status, but...
  - You are not SNAP eligible.

^ Ineligible adult immigrants may be able to get SNAP on behalf of eligible household members, such as your U.S. Citizen kids. If you get an EBT card on their behalf (with your name on it), benefits on the card are for eligible household members.